

High Desert's mission is to empower children and their families to live healthy and happy lives.

High Desert places a high value on services that are person-centered, family-focused and culturally responsive. All our services are rooted in current clinical research, with specific emphasis on child development, trauma, attachment and relationship-based interventions, and the biological bases of behavior. Our staff has decades of experience and is knowledgeable in providing only the best in quality support services.



Hours of Operation:

M-F 8am-5pm

Respite Center:

M-F 8:30am-5:30pm

Tel: 505.823.4530

Fax: 505.823.4538

1501 San Pedro Dr. NE
Albuquerque, NM 87110

www.hdfs.org



Quality Services for Children & their Families

www.hdfs.org

Why High Desert?



High Desert Family Services as a company has amazing core values and we are proud to say we are a part of this agency. Being a treatment foster parent can be challenging, the employees go above and beyond to make sure you have the knowledge you need to be successful with your kids & feel supported every step of the way. We have truly enjoyed working with every single one of them & are so grateful for all of them."

— D & C Flores, Treatment Foster Parents



We first became acquainted with High Desert Family Services through a family member. We started our journey about five years ago and each step has been a learning process. Each child that has been placed in our home has had different needs. High Desert has given us training, support and guidance throughout our placements. We are grateful and thankful for each child we've had in our home. Being able to open our heart to provide a safe, nurturing, caring and loving environment has been truly rewarding."

— Chavez/Cox Family



We can make a difference.



Our services are person centered and focused on our client's needs as well as our increased knowledge of what is successful for long-term positive outcomes.

Services incorporate a process of evaluating, assessing and treating a child's physical and mental health needs. All our programs focus on teaching skills that are necessary for appropriate growth and development. Our primary funding for all services is Medicaid. We offer outpatient therapy through some commercial insurance plans as well as single case agreements and sliding scales for those who qualify.

LEARN MORE @ www.hdfs.org

Treatment Foster Care (TFC)

Out of Home Care for Children Provided by Specially Trained Therapeutic Families.

Treatment Foster Care (TFC) is a family-based treatment program that trains, reimburses and supervises families to provide therapeutic homes for children.

Our program's success is grounded in a collaborative multidisciplinary team approach. We utilize a relationship based, family-focused treatment model that teaches children and youth how to live successfully in homes and communities. We serve children ages 1-18 who present with severe emotional and behavioral challenges with an average length of stay of 12-18 months. Discharge criteria is reviewed and evaluated every 30 days.

Insurances we accept (Medicaid, BCBS, Magellan, Presbyterian, Western Sky)

Behavioral Respite

Time-Limited Short Relief for Parents.

It is short-term direct care and supervision of a child in order to afford a caregiver time-limited temporary relief from the ongoing responsibility of care.

Respite may be done in a variety of settings including the home and community on a daily or hourly basis. The purpose of this respite is to sustain a family. This service is available to children (up to age 18) diagnosed with a severe emotional disorder (SED). This services is also available for youth in Protective Services Custody.

Eligible children can receive up to 30 days or 720 hours per year of behavioral respite.

Respite Center

A safe place for children to stay and play while parents and caregivers get a break.

Respite means "a time away or a break from a situation." The difference is that the respite occurs at our facility. While at the Center, children participate in arts and crafts, receive help with homework, enjoy the reading corner, imagination and sensory play, watch movies, and eat healthy snacks. Families can use the Center for a variety of reasons including:

- To get a scheduled break from parenting, especially in times of high stress or feeling overwhelmed
- To have a safe place to take their children when a caregiver has an emergency
- To attend important appointments or meetings

The Center is open to children ages 3-12 either through scheduling care depending on space availability. We typically reserve some spot for family emergencies and crisis.